

TOPICS OF DISCUSSION FOR GWILDA WIYAKA

Author of *SO, WE'RE STILL HERE. NOW WHAT?*

Gwilda Wiyaka is the founder, director, and owner of Path Home Shamanic Arts School, a Colorado state-certified occupational school that trains and certifies shamanic practitioners and instructors. As a preceptor for the University of Colorado School of Medicine, she provides instruction to medical doctors on the modern interface between shamanism and allopathic medicine. Gwilda has studied shamanism for forty years, has been a practitioner for thirty and a teacher of the shamanic arts since 1996. She conducts workshops and seminars throughout the world and she is an inspirational speaker and singer/songwriter.

BACKGROUND

- How did you get involved in the shamanic arts and how long have you been practicing?
- What kind of courses are required for students to take in order to be certified by the Path Home Shamanic Arts School?
- As a preceptor for the University of Colorado School of Medicine, what do you do there?
- How do you interface your shamanic practice with allopathic medicine, and how did you get started doing so?
- You write about many diverse topics such as shamanism, astrology, astronomy, physics, anatomy, nutrition, chakras, the Mayan calendar and indigenous legends to name just a few. What do all of these topics have to do with shamanic evolution and personal empowerment?
- What are some of the ways people have become disconnected from nature, and what negative results are we experiencing from this disconnect?
- You cite several galactic events converging at this time and the resulting frequency shifts affecting humanity, what is converging and what is causing the frequency changes?
- How do these frequency changes affect us as individuals and as a culture?
- You say that rather than the end of the physical world the Mayan calendar indicated the end of the fourth world and beginning of the fifth world. What do you mean by that and how does it affect us?

SHAMANISM

- How do you define Shamanism?
- Can you tell us how shamanism aids spiritual evolution?
- How does shamanism reconnect us to natural law and what are some methods for utilizing the power inherent in nature?
- What does shamanism have to do with frequency?
- How can we interface with the quantum level through the shamanic principles?



SPIRITUAL EVOLUTION

- PLEASE DEFINE SPIRITUAL EVOLUTION? AND WHAT DOES CONSCIOUSNESS HAVE TO DO WITH EVOLUTION?
- DO YOU BELIEVE WE HAVE A BETTER OPPORTUNITY TO EVOLVE SPIRITUALLY NOW MORE THAN AT ANY OTHER TIME IN HISTORY?
- WHAT DOES OUR RELATIVE POSITION IN THE UNIVERSE AT ANY GIVEN TIME HAVE TO DO WITH EVOLUTION?
- EXPLAIN OUR CHAKRA SYSTEMS RELATE TO OUR SPIRITUAL EVOLUTION, PERSONAL EMPOWERMENT AND UNITY?
- WHY DO YOU SEE OUR CURRENT SYSTEM AS BEING OPPOSED TO THE EVOLUTION OF THE INDIVIDUAL?

PERSONAL EMPOWERMENT

- HOW DO WE FIND AND USE OUR POWER?
- WHY IS THE OPPORTUNITY FOR PERSONAL EMPOWERMENT MORE SUPPORTED IN THE 5TH WORLD THAN IT WAS IN THE 4TH?
- HOW AND WHY ARE PEOPLE PROGRAMMED TO SERVE THE SYSTEM?
- PLEASE EXPLAIN HOW THE SEASONS, EQUINOXES, SOLSTICES AND ASTROLOGICAL SIGNS HAVE TO DO WITH POWER?
- WHAT PREVENTS PEOPLE FROM MISUSING POWER ONCE THEY GET IT?

UNITY

- WHY IS TOTAL UNITY A TEMPORARY STATE?
- WHAT DO REALITIES AND FREQUENCIES HAVE TO DO WITH EACH OTHER AND HOW DO THEY RELATE TO UNITY?
- WHY DO YOU STATE IN YOUR BOOK THAT THERE IS NO ULTIMATE TRUTH?
- YOU SITE THE EVOLUTIONARY NATURE OF TRUTH, HOW DOES THIS RELATE TO UNITY, EVOLUTION AND EMPOWERMENT?
- WHY DO WE NEED BALANCE BETWEEN THE PHYSICAL, EMOTIONAL, MENTAL AND SPIRITUAL PARTS OF OUR BEING?